

Prayer Time

The Lord's Prayer

In Matthew 6:9-13 and Luke 11:2-4 you can find how Jesus tells us to pray. You can begin with this prayer with you all kneeling beside the bed. (Every night is a different bed. For example, my son bed tonight but my daughter's bed tomorrow.) Then everyone share one thing that they are grateful for God today as well as one thing that they want to pray for.

You can also dissect each verse to see what they mean together.

Now I Lay...

My Auntie and Uncle taught me this one...

Now I lay down to sleep.

I pray the Lord my soul to keep.

If I shall die before I wake.

I pray the Lord my soul to take.

In Jesus name, Amen.

Prayers in Psalms

There are 150 prayers and songs. You can find a couple here that speak to your situation and make them your own. Personalize them for your family.

Conversate

All the above are more structured; however, if you want to talk with in conversation, that is just fine too. The most important part is that you spend time with God. Come to God with your happiness as well as your concern. Know that God can take the pain away as well as be the loudest cheerleader in your audience. Your prayer life is the most powerful weapon that you have to continue on your purposed life. If you are stuck, just start by saying, "Thank you!" Say it over and over while your mind replays what you are thankful for. That my dear is a prayer